

**UNIVERSITY OF MAINE
SCHOOL OF SOCIAL WORK**

**CASE
PRESENTATION**

JILL GARDNER

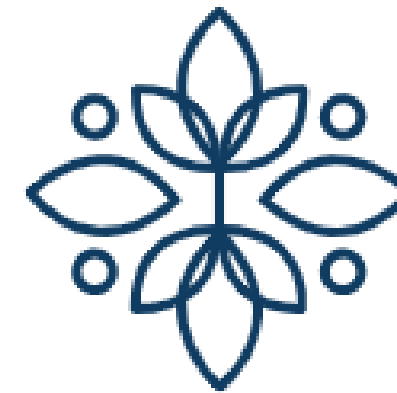
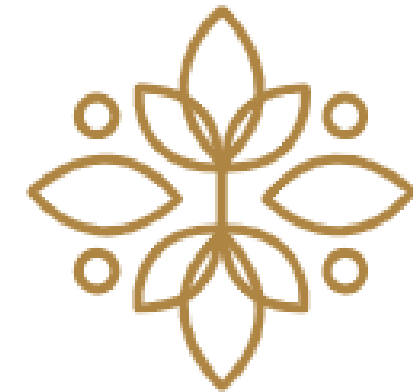
SWK 695 ADVANCED FIELD PLACEMENT

MARCH 10, 2022



Part II: Case Presentation

- Identifying Data
- Presenting Problem
- Intervention
- Liberation Health Model
- Reflection/Takeaways





Identifying Data

WITH PERMISSION TO SHARE FROM
THE CLIENT AND DE-IDENTIFIED

- single, female in her early 20's
- lives w/ mom and dad
- going back to school
- works a part-time job
- family structure
- anxiety & several other self-reported diagnoses

Presenting Problem



"I need to stop picking my skin!"

- Generalized Anxiety Disorder
- Auditory Processing disorder
- Sensory Processing disorder
- Excoriation disorder
- Sleep disorder
- Trauma history

Intervention

THEORETICAL FRAMEWORKS AND APPROACHES



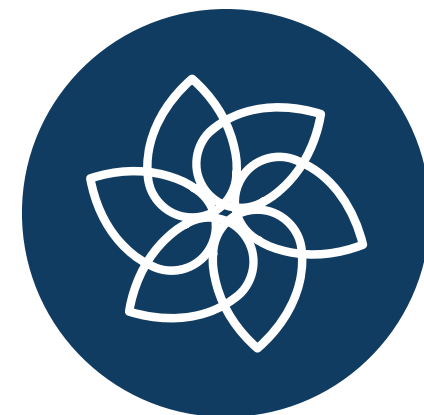
Trauma-informed
Cognitive Behavioral
Therapy



Psychoeducation



Relations-based
Theory



Strengths-based
approach

Intervention Process

ACTION STEPS

RESEARCH

Presenting problem
excoriation
disorder, evidence
based practices &
initial supervision

TICBT

Experience of
increased in flooding
of emotion during
therapy when subject
is talked about,
difficulty with
emotional regulation

SUPERVISION

Additional
consultation w/
clinical supervisor on
presenting problem
emotional regulation
vs. excoriation
disorder

REFORMULATION

Normalizing basic
emotions through
psychoeducation &
continuing to build
therapeutic
relationship using
strengths based
approach

Liberation Health Model

CULTURAL



INSTITUTIONAL



PERSONAL



PROBLEM STATEMENT



Action Steps





Takeaways

1. Trust the process to unfold
2. Be mindful not to get too attached to the initial ideas/diagnosis or you might miss an opportunity in the middle of the unfolding to work with the client
3. Supervision is an invaluable tool

Thank-you for joining the conversation!

Please feel free to contact me with concerns or questions further.

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